|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Coach: | | Session number: | Sport/activity: | Venue: | | Date: |
| Overview of disability  *‘Student should explain the disability/ impairment and its effects’* | | | | | | |
| Aim of session  Clear aims should be identified | | | | | | |
| Applications of Activity Inclusion Model (AIM)  *‘student show discuss the application of the AIM model in the session’* | | | | | | |
| Time | Content/ Practices | Description of drill | Layout/organisation | | Coaching points/notes | Adaptations & STEP framework |
| *‘time allocation should be stated in this colum’* | Introduction/warm up | *‘This section should describe the content of what is being delivered in the section of the session.’* | *‘Student should communicate the layout of the session here. This could be done in any format deemed appropriate’* | | *‘This column should be used to communicate the coaching points for the section of the session and any additional notes deemed appropriate’* | S-  T-  E-  P-  *‘Students should explain the adaptations made in relation to the STEP framework’* |
|  | Phases of skill acquisition. Block practice/ drills/ opposed practice/ technical practice. |  |  | |  | S-  T-  E-  P- |
|  | Conditioned activity/ game related practice/ game |  |  | |  | S-  T-  E-  P- |
|  | Cool down/ de-brief/ summary |  |  | |  | S-  T-  E-  P- |

Only 1 risk assessment needs to be completed if venue and participants do not change

RISK ASSESSMENT(S)

**Step 1** Identify the hazards

**Step 2** Decide who might be harmed and how

**Step 3** Evaluate the risks and decide on precautions

**Step 4** Record your findings and implement them

**Step 5** Review your assessment and update if necessary

| **What are the hazards?** | **Who might be harmed and how?** | **Existing Controls in place** | **Do you need to do anything else to manage this risk?** | **Action by whom?** | **Action by when?** | **Done** |
| --- | --- | --- | --- | --- | --- | --- |
| Appropriate hazards should be listed here | Specific people should be listed here and potential harm caused should be highlighted | Anything currently in place to reduce risk should be stated here | Any additional measure that needs to be introduced should be stated here. | Person actioning the measure should be stated here | Before during or after? When does action need to be introduced | This can be checked off once completed. |
|  |  |  |  |  |  |  |

Evaluation

|  |  |
| --- | --- |
| Did you deliver an inclusive session to adapt for the disability?   * What adaptations did you make and why? | *‘Students should fully answer and reflect on the questions given’* |
| What communication strategies did you use and why? | *‘Students should fully answer and reflect on the questions given’* |
| Did you utilise the AIM and STEP framework effectively? | *‘Students should fully answer and reflect on the questions given’* |
| Discuss the successfulness of your session? | *‘Students should fully answer and reflect on the questions given’* |
| What future adjustments would you make in your sessions? | *‘Students should fully answer and reflect on the questions given’* |